November 1, 2026



centralbaptist
fountain city

From Your Pastor

Daylight Saving Time ends this Sunday, November 1, when clocks "fall back" an hour. Most of us will welcome the extra sleep Saturday night, but we will miss the evening daylight after school and work, just as the days are growing shorter.

In 1784, Benjamin Franklin jokingly proposed that people could save money on candles by waking earlier and using the morning sunlight. He never suggested changing the clocks.

The United States first adopted Daylight Saving Time during World War I, and contrary to popular belief, the goal wasn't to help farmers. It was meant to conserve energy, though studies since then have been inconclusive about whether this works.

Every year, rumors surface that Daylight Saving Time is about to be abolished. Rest easy: the decision is in the hands of Congress. For the record, the dogs in our house oppose any change that affects their feeding times.

Given all this, let's reflect on a few questions about time and the use of it in our own lives:

What would you do with an extra hour? What matters most to you? How well do you steward the time you've been given? And a challenging question to ponder: What deserves more of your time, and what deserves less?

Blessings,
Ande





Weekly Opportunities

Sunday School **Sundays at 9:45 am**

There are Bible study classes for all ages!
Visit cbcfc.org/about/sunday-school/ for a list of classes.

Media Center

Come take advantage of the resources your church library has to offer! Open Sundays 8:30am - 10:35am
Wednesdays 9:30 am - 12pm; 2pm - 4pm; 5:30pm-6pm

Family Life Center

Monday, Tuesday and Thursday | 8am – 8pm
Wednesday | 8am – 2pm and Friday | 8am – noon
The fitness calendar can be found on our website at
cbcfc.org/calendar/fitness/

Wednesday Night LIFE

Pre-K thru 5th grade. . . . . 6-7:30pm. . . . . Children's Space
6th-12th grade. . . . . 7-8:30pm. . . . . Youth Space

Wednesday Night for Adults

Adult Choir Rehearsal. . . . . 6:15-7:30pm . . . . . Music Suite
Devotion with Ande Myers. . . . . 7pm . . . . . Facebook

Preschool Worship Workers



Nov. 1 8:45 - Mike and Janet McConkey
10:45 - Kristin Hawkins, Jonathan Wiliford, Kim Millard, Debbie Crowder

Nov. 8 8:45 - Mike and Janet McConkey
10:45 - Jason & Alice Martin, Ryan Martin, Chesney Martin



Contemporary Praise Choir - Sunday, Nov. 1



We'd love for you to join us! If you would like to participate, please be at practice Nov. 1 at 8am! Questions? Contact Amy Hall: ahall@cbcfc.org

Family Info

In hospice care

Jane Yarbrough

Congratulations to Angie Wilson & Kevin Wilson who were married on October 23.

Congratulations to Ethan & Marissa Jones Woods on the birth of their daughter, Callie Lynn. Proud grandparents are Mark & Angie Jones and proud great grandparents are Don & Helen Jones.

Deacons
Meeting
November 15
5 pm in the chapel

Weekly Record

	Required	Received	Last Year
10/25/26	$31,730.77	$42,665.29	$25,303.80
YTD	$126,923.08	$114,893.67	$109,714.96

Worship . . . . . 8:45am - 86
10:45am - 211

Sunday School 236

Online Connections

www.cbcfc.org
www.Vimeo.com/cbcfc for our online service
Upcoming events, info, and photos
on Facebook and Instagram @cbcfountaincity

Upcoming Events

CHONDA PIERCE: CBCFC Senior Adults

CHRISTIAN COMEDIAN

Join us for an inspiring and hilarious evening!

FRIDAY, NOVEMBER 6
CHILHOWEE HILLS BAPTIST CHURCH

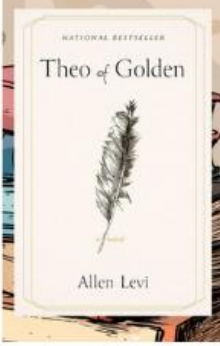
VAN LEAVES FLC AREA AT 5:30 PM
TICKETS $25 GENERAL ADMISSION
CHECKS PAYABLE TO CBCFC

SIGN UP WITH DEBBIE IN THE CHURCH OFFICE:
865-688-2421



RESERVE YOUR SEAT TODAY!

Hearts & Hands
women's ministry



THEO OF GOLDEN BOOK DISCUSSION

Sunday, November 15
4pm | Fellowship Hall

Ladies, join us for a discussion of the book, *Theo of Golden*. Please pick up a copy at your local library or bookstore, or order online. A coffee and cider bar will be provided.



YOUTH HEARTS ON FIRE

November 20-22
$80
Limited tickets
Sign up by November 14
It's going to be a great weekend!

SIGN UP HERE!

Community Thanksgiving Service

Sunday, November 22 | 5pm | St. Paul United Methodist



Contemporary Worship *8:45 a.m.*

Welcome

Call to Worship *Washed*

Praise & Worship *Jesus*

Jesus Messiah

Message *"But I say to you... receive"* *Rev. Ande Myers*

Matthew 26:26-29

Observance of the Lord's Supper

Benediction *In Christ Alone*

New to CBCFC? We'd love to meet you!
Scan the QR code, fill out the contact form, and someone from the ministry team will reach out soon.

Classic Worship *10:45 a.m.*

Prelude *How Firm a Foundation* arr. Tornquist

Melinda Nichols, piano

Welcome to Worshipers Rev. Ande Myers

Fellowship Chorus *In Christ Alone*

Congregational Hymn

I Stand Amazed in the Presence

Choral Worship *In This Holy Hour* arr. Vader/Rouse

Congregational Hymn

Come, Share the Lord

Offertory Prayer Eddie Vineyard

Choral Worship *One World, One Communion* Choplin

Ann Wall, flute

Congregational Hymn

Let Us Break Bread Together

Message *"But I say to you... receive"* Rev. Ande Myers

Matthew 26:26-29

Observance of the Lord's Supper

Choral Benediction *God Be With You*